

these healthy ingredients

salads. Contains mono saturated fatty acids that are good for heart.

High in antioxidants, it works well as a sugar substitute. TOFU: It's low cal, low fat and high



decor

# Kiddie's paradise

**Aroma Sah**

■ aroma.sah@hindustantimes.com

Designer furniture, bright room accessories and custom-made bathroom fittings for kids are available in the markets, but while purchasing such products, make sure you don't just focus on the bright colours but also on their safety.

## Kid-proofed

The world is their playground so it is important to create their space with extra focus on safety. "We take care of kids' safety while designing products. In furniture, we make sure that only non-toxic paints are used as kids lick and bite almost anything, and also, ensure that there are no sharp ends and the corners are properly rounded," says Sannjay Mahipal of Watermelons.

Parents should keep in mind that solvent-free UV hydro lacquer and heavy metal free paints are used in the products they purchase. Even the paint or wallpaper must be lead-free. "Among bath accessories for kids, bathmats are the most important. They have to be colourful to add life to the room and also be made of



The kids room should look cheery and bright (above); fun furniture for kids (left)

100% cotton so that it does not harm the child's skin. These bathmats come with spray backing or latex backing which makes them anti-skid," says Kuldeep Singla of Riviera.

## Parent impact

"The first things that the parents look for is the product design and its appeal. Then how practical they are and then the materials, paints and safety features

follow. Many times it is only the cost that decides the purchasing factor," says Mahipal. He adds, "However, it is practicality and space availability that should be prime factors."

## FIND THEM HERE IN DELHI

■ Go beyond simple wallpapers and wall paints for the kid's room. Give it an easy makeover with a thematic sticker by FunToSee  
Price: ₹3,499

Available at: Lifestyle, Rajouri Garden

■ A space saving option for the kid's room is this bunk bed available in Ebony Gautier. It can be fixed over an existing bed and double as a playhouse. It will even



brighten your kid's den  
Price: ₹18,995

Available at: JMD Regent Arcade, MG Road, Gurgaon

■ Make sure that the mat you place in your kids' room is anti-skid with latex back-



ing such as those by Riviera Home

Price: ₹460 to ₹1150 depending upon the size

Available at: Jagdish Store, Lajpat Nagar

■ The decorative toys in the



room should match the mood of this space.

Price: ₹ 599

Available at: Shoppers Stop, Great India Place Mall, Noida.

